



# 2010 REGISTRATION FORM

## AMES IMPACT TRACK CLUB "Helping kids to stride for excellence"

A member of USATF/Iowa Association which is a member of the Association of USA Track & Field, Inc.  
Club Web Site: amesimpact.org  
National Web Site: usatf.org

Complete This Form and Attach Entry Fee:

Batam, Midget, or Youth \$95.00 1st Child or \$60.00 not 1st Child	_____
Intermediate, Young Men or Young Women \$60.00	_____
Optional Costs: \$30.00 Uniform Top, size _____	_____
\$20.00 Uniform Bottom, size _____ (Youth: S, M, L; Adult: S, M, L, EL)	_____
Total enclosed	_____

**Practice:** April 19 to last meet, 6:30-7:30 pm M-Thur, ISU Track at Sheldon and Knapp (must make 2 practices/week to be on a relay team).

**Qualifying Meets (typically \$4.00/meet) from May 1 to June 6:**

**USA State Meet:** Johnston HS, June 13 (combined events), **(Regular Meet) 19-20**

**Regionals:** July 8-July 11, Iowa

**Nationals:** July 27-August 1, Sacramento, CA

Check One Box:

- 0 Bantam Boys (Born 2000 and later)
- 0 Midget Boys (Born 1998-1999)
- 0 Youth Boys (Born 1996-1997)
- 0 Intermediate Boys (Born 1994-1995)
- 0 Young Men (Born 1992-1993)
- 0 Bantam Girls (Born 2000 and later)
- 0 Midget Girls (Born 1998-1999)
- 0 Youth Girls (Born 1996-1997)
- 0 Intermediate Girls (Born 1994-1995)
- 0 Young Women (Born 1992-1993)

Birth Date: \_\_\_\_\_

Month Day Year

Please attach a photo copy of your birth certificate if 1<sup>st</sup> year participating

Name \_\_\_\_\_  
Last First Email

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian Names \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Emergency contact person \_\_\_\_\_ Phone \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

### Other Competitive Meets:

**USA QM:** May 8 Waukee; May 23 Grinnell; June 5 Des Moines

**AAU:** District QM June 12 Lamoni; National QM July 2-3, MN; Nationals Aug. 1-8

**Hershey:** QM May 19 Ames; State Meet June 12 Marshalltown

In all sports, the participation involves acceptance of risk of injuries. Although the Ames Impact Track Club organizers attempt to minimize these risks, total risk elimination is not possible. Please carefully read and sign the liability waiver in order to complete this form:

I agree to waive, release, absolve, indemnify, and to hold harmless the Ames Impact Track Club, the organizers, coaches, sponsors, supervisors, officials, participants, Iowa State University, and any person transporting my child to and from activities, from any claims arising out of an injury to my child.

Athlete's Name \_\_\_\_\_ Parent or Guardian Signature \_\_\_\_\_

Please list any health concern we should know about: \_\_\_\_\_

**Impact is a volunteer organization. Please indicate which of these opportunities might be of interest:**

Coach  Fund Raiser  Meet Worker on May 29  Uniforms  Record Keeper  Registration  Other

**Make check payable to Ames Impact Track Club** and send check, signed & completed form, and photo copy of birth certificate to Shirley Barnes, 1119 Curtiss Ave, Ames, IA 50010-5852. **You may obtain a registration form on-line at amesimpact.org.**